

# Preparation Music

## He Who Would Valiant Be

1. He who would val - iant be 'gainst all di - sas - ter,  
2. Who so be - set him round with dis - mal sto - ries,  
3. Since, Lord, Thou dost de - fend us with Thy Spi - rit,

Let him in con - stan - cy fol - low the Mas - ter.  
Do but them - selves con - found; his strength the more is.  
We know we at the end shall life in - her - it.

There's no dis - cour - age - ment shall make him once re - lent  
No foes shall stay his might, though he with gi - ants fight;  
Then fan - cies flee a - way! I'll fear not what men say,

His first a - vowed in - tent to be a pil - grim.  
He will make good his right to be a pil - grim.  
I'll la - bor night and day to be a pil - grim.

Words: John Bunyan (1628-1688)

Music: "Monk's Gate," English trad. melody, arr. Ralph Vaughan Williams (1872-1958), Public Domain